

物理治疗教育中的功能障碍文化

Culture of Disability in Physical Therapy Education

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昆明 Kunming

10-28-2023

C文化**ture**
of Disability 2023



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World
PT Day
2023



<https://world.physio/news/world-physiotherapy-staff-celebrate-world-pt-day-physiotherapists-china>

NIH 指定功能障碍者为具有健康差异的人口

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NEWS RELEASES

Tuesday, September 26, 2023

NIH designates people with disabilities as a population with health disparities

Designation, new research program and update to NIH mission are actions to ensure inclusion of people with disabilities.


Today, Eliseo J. Pérez-Stable, M.D., director of the National Institute on Minority Health and Health Disparities (NIMHD), [designated](#) people with disabilities as a population with health disparities for research supported by the National Institutes of Health. The decision was made in consultation with Robert Otto Valdez, Ph.D., the director of the Agency for Healthcare


Institute/Center

[NIH Office of the Director \(OD\)](#)

[National Institute on Minority Health and Health Disparities \(NIMHD\)](#)

Contact

[NIH News Media Branch](#) 
301-496-5787

[NIMHD Press Team](#) 
301-402-1366

<https://www.nih.gov/news-events/news-releases/nih-designates-people-disabilities-population-health-disparities>

美国物理治疗学会参与并大力支持这一重大改变



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YOUR CAREER

YOUR PRACTICE

PATIENT CARE

ADVOCACY

NIH: People With Disabilities Among Groups Experiencing Health Disparities

The agency's decision, strongly supported by APTA, means more support for research on intersectionality and health outcomes.

News

Date: Tuesday, October 3, 2023

APTA's participation in a coalition pressing for a greater focus on disability and rehabilitation research has helped fuel a significant change at the National Institutes of Health: the official designation of people with disabilities as a population with health disparities. The change will open the door for research on how disability intersects

<https://www.apta.org/news/2023/10/03/nih-disability-decision>

国家少数族裔健康和健康差距咨询委员会功能障碍人士工作组报告

NIMHD

National Institute on Minority Health
and Health Disparities

National Advisory Council on Minority Health and Health Disparities (NACMHD) Working Group on Persons Living with Disabilities

Final Progress Report September 20, 2023

总结要点

Summary Key Points



- ❧ 功能障碍人士的发病率和全因死亡率往往较高，并且经历对高质量医疗保健获取和物理障碍。

Person with disabilities often may have higher prevalence of morbidity and all-cause mortality, and experience access and physical barriers to high quality care.

- ❧ 功能障碍人士经历耻辱、偏见和歧视。

Person with disabilities experience stigma, bias, and discrimination.

- ❧ 功能障碍人士经历社会劣势和边缘化

Person with disabilities experience social disadvantage and marginalization.

Disability and HEALTH

Adults with disabilities are more likely to



HAVE OBESITY

With Disabilities

Without Disabilities

41.6%

29.6%



SMOKE

21.9%

10.9%



HAVE HEART DISEASE

9.6%

3.4%



HAVE DIABETES

15.9%

7.6%

Disability and Healthcare ACCESS

Healthcare access barriers for working-age adults include

1 in 4

adults with disabilities
(18-44 years)

do not have a
usual healthcare
provider



1 in 4

adults with disabilities
(18-44 years)

have an unmet
healthcare need
because of cost
in the past year



1 in 5

adults with disabilities
(45-64 years)

did not have a
routine check-up
in the past year



存在健康差异的人口

Populations With Health Disparities



☞ 少数种族和民族群体

Racial and ethnic minority groups

☞ 社会经济地位较低的人

People with lower socioeconomic status.

☞ 服务不足的边远社区

Underserved rural communities

☞ 性别少数群体

Sexual and gender minority groups.

☞ 功能障碍人士

People with disabilities

Division of Nutrition, Physical Activity, and Obesity

[DNPAO Home](#) > [State and Local Programs](#) > [Racial and Ethnic Approaches to Community Health \(REACH\)](#)

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State and Local Programs -

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State Physical Activity and Nutrition Program +

High Obesity Program +

Racial and Ethnic Approaches to Community Health (REACH) -

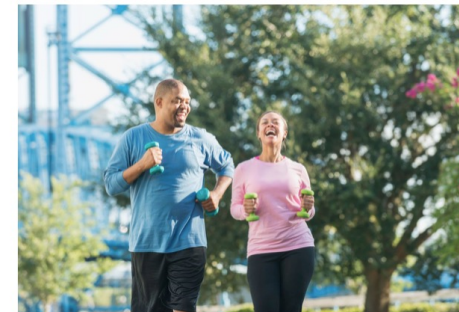
REACH 20th Anniversary

Racial and Ethnic Approaches to Community Health (REACH), 2023 – 2028

[Print](#)

Forty-one organizations received funding to implement CDC’s Racial and Ethnic Approaches to Community Health (REACH) program. In the five-year program (CDC-RFA-DP-23-0014), the recipients will put into action evidence-based strategies for:

- Food and nutrition security through the promotion of [food service and nutrition guidelines](#) and the expansion of existing [fruit and vegetable vouchers incentive and/or produce prescription programs](#)
- [Safe and accessible physical activity](#)
- [Continuity of care in breastfeeding support](#)
- [Early care and education \(ECE\) settings](#)



[Social Media](#)

疾病控制中心社区健康的种族和民族方法基金

相关法律



康复法

Rehabilitation Act of 1973

全体**残疾**儿童教育法

Education for All **Handicapped** Children Act of 1995

功能障碍人士教育法

Individuals with Disabilities Education Act (IDEA) in 1997

功能障碍美国人法及修正案

Americans with Disabilities Act (ADA) of 1990 and its 2008 amendments

ADA 的五个部分



- ❧ Title I: Employment 就业
 - ❧ Regulated by Equal Employment Opportunity Commission (EEOC)
 - ❧ Apply to employers of 15 employees or more
- ❧ Title II: Public Service (including public transportation) 公共服务包括公共运输
 - ❧ **Regulated by the Secretary of Transportation**
- ❧ Title III: Public Accommodations 公共容纳
 - ❧ Regulated by the Attorney General
- ❧ Title IV: Telecommunications 电子通讯
 - ❧ Regulated by the Federal Communications Commission
- ❧ Title V: Miscellaneous Provisions 杂项规定



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ENGINEERING
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& HUMAN
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Colle
CREA
ART
COMMU



WEST TO EAST

666 6 666

← ↑ ↑

← 12 Minister Creek
Campground



Six

NINE



9



Contents lists available at [SciVerse ScienceDirect](#)

Journal of Experimental Social Psychology

journal homepage: www.elsevier.com/locate/jesp



Stand tall, but don't put your feet up: Universal and culturally-specific effects of expansive postures on power



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^c Columbia University, USA

HIGHLIGHTS

- Previous research suggests that expansive postures are universally connected to power.
- We propose that this link varies by cultural background and type of posture.
- Expansive-hands-spread-on-desk and upright-sitting poses universally produced power.
- Expansive-feet-on-desk pose was viewed as the least compatible with East Asian norms.
- This pose led Americans, but not East Asians, to feel powerful and to take action.

ARTICLE INFO

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Power

ABSTRACT

Previous research suggests that there is a fundamental link between expansive body postures and feelings of power. The current research demonstrates that this link is not universal, but depends on people's cultural background (Western versus East Asian) and on the particular type of expansive posture enacted. Three types of expansive postures were examined in the present studies: the expansive-hands-spread-on-desk pose (Carney et al., 2010), the expansive-upright-sitting pose (Huang et al., 2011; Tiedens & Fragale, 2003), and the expansive-feet-on-desk pose (Carney et al., 2010). Of these postures, the expansive-feet-on-desk pose was perceived by both Americans and East Asians as the least consistent with East Asian

(Park and Huang 2013)



(Park and Huang 2013)

东西方比较

East Meets West: An Infographic Portrait



Schönheitsideal



美丽的标准



理想的美

Ideal of Beauty

Senioren im Alltag



老人的日常生活



老年日常生活

Elderly in Day-to-day Life

Pünktlichkeit



准时



对守时的态度

Attitude Towards Punctuality

Diversity, Equity, and Inclusion (DEI)

多元化、公平和包容性



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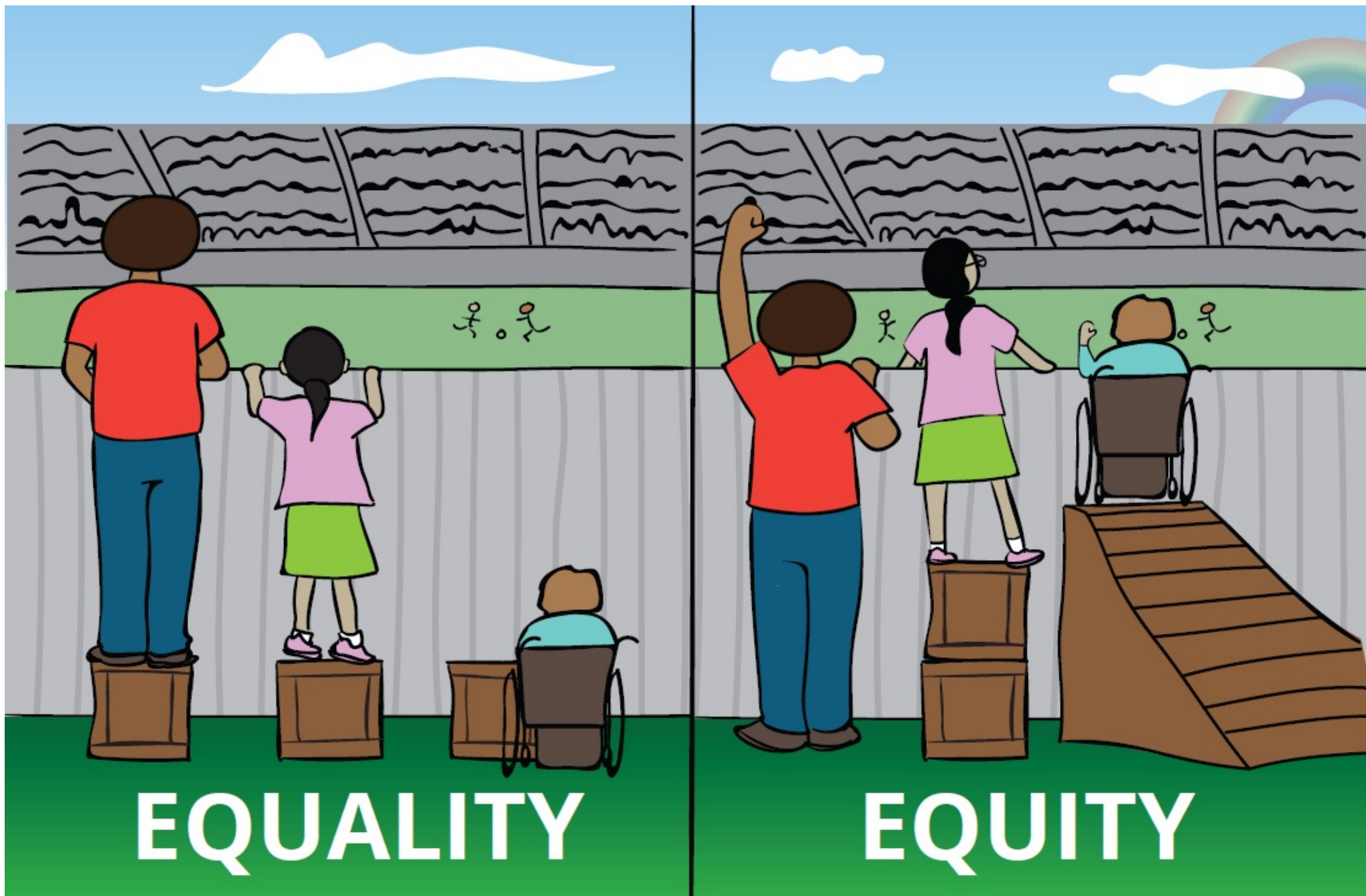
APTA is committed to increasing diversity, equity, and inclusion in the association, profession, and society.

Improving DEI requires intentional action across our profession and association — action by organizations and individuals.

[APTA's Diversity, Equity, and Inclusion Action Plan](#) outlines necessary actions and best practices to help us live our shared vision of a more equitable and inclusive organization and profession.

APTA 致力于提高学会、行业和社会的多样性、公平性和包容性。

<https://www.apta.org/apta-and-you/diversity-equity-and-inclusion>



EQUALITY

平等

EQUITY

公平

<https://www.equitytool.org/equity/>

Inequality

Unequal access to opportunities



With apologies to Shel Silverstein from @lunchbreath

2019 Design In Tech Report | Addressing Imbalance

Equity

Custom tools that identify and address inequality



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Equality?

Evenly distributed tools and assistance



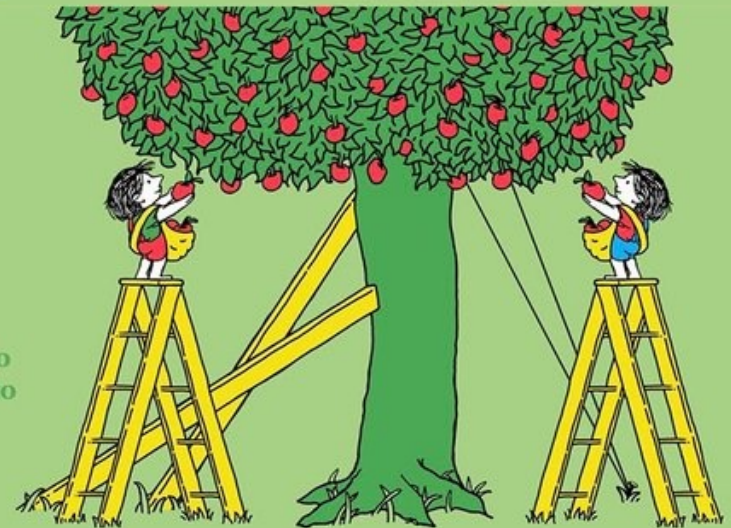
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正义

Justice

Fixing the system to offer equal access to both tools and opportunities



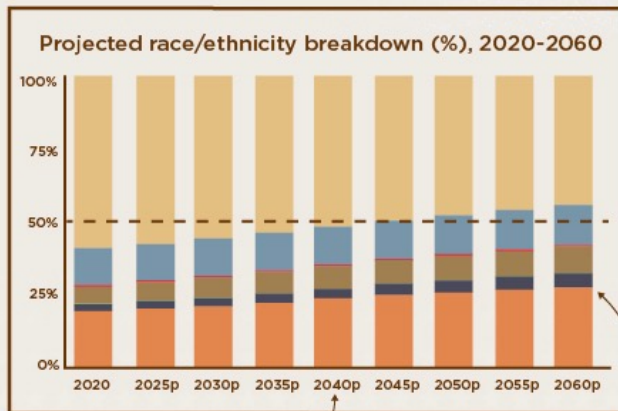
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Visualizing America's Population By Race

The United States is a unique mosaic of cultural diversity— almost 40% of its people belong to racial or ethnic minorities.

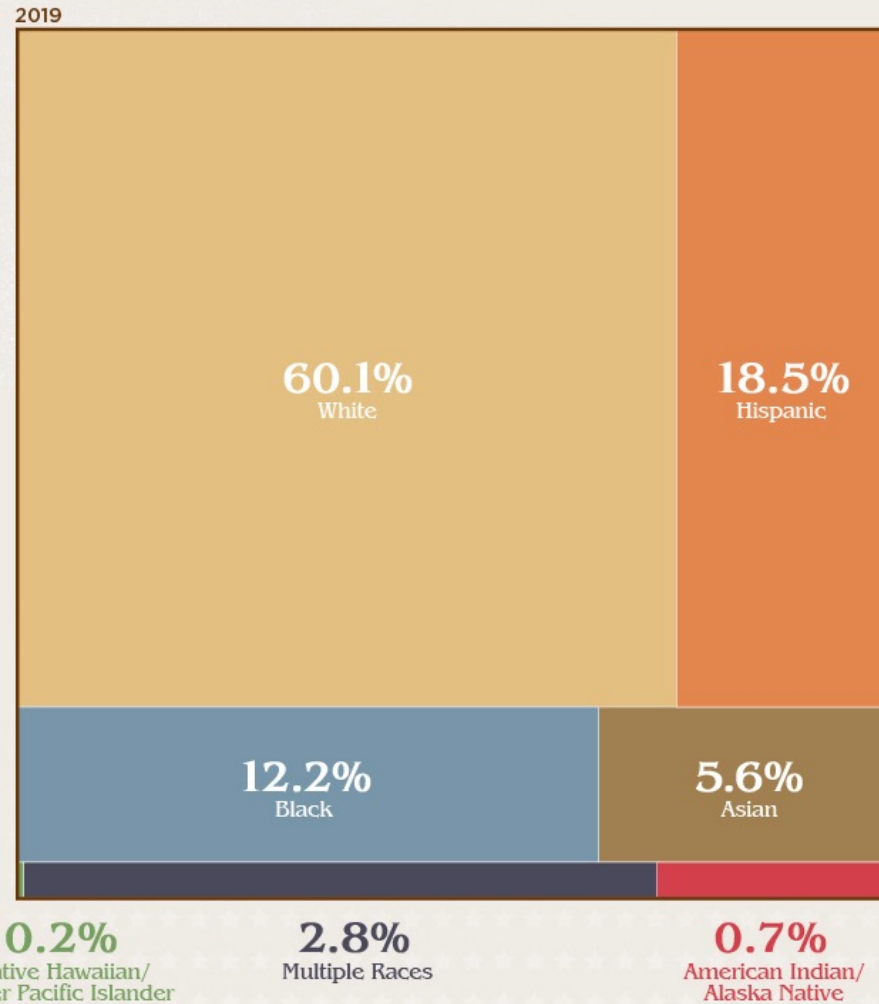
Here, we visualize the breakdown of the U.S. population in 2019, and how this will change over time.



Over time, the share of white populations is expected to decline to less than half (44%) of all Americans after 2045.

The proportion of those with multiple racial backgrounds will more than double by 2060.

Note: U.S. totals exclude Puerto Rico



Sources: Kaiser Family Foundation, U.S. Census Bureau



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Last Updated: 07/27/12
Contact: nationalgovernance@apta.org

CULTURAL COMPETENCE HOD P06-01-26-25 [Position]

Members of the American Physical Therapy Association should demonstrate cultural competence. Cultural competence refers to the set of skills necessary to understand and respond effectively to the cultural needs of each patient/client in order to:

- Eliminate disparities in the health status of people of diverse cultural backgrounds.
- Respond to current and projected demographic changes in the United States.
- Improve the quality of health services and health outcomes, and meet legislative, regulatory, and accreditation standards.

Relationship to Vision 2020: Professionalism; (Minority & Women's Initiatives Department, ext 8560)

Explanation of Reference Numbers:

BOD P00-00-00-00 stands for Board of Directors/**month/year/page/vote** in the Board of Directors Minutes; the "P" indicates that it is a position (see below). For example, BOD P11-97-06-18 means that this position can be found in the November 1997 Board of Directors minutes on Page 6 and that it was Vote 18.

P: Position | S: Standard | G: Guideline | Y: Policy | R: Procedure

美国物理治疗协会的立场文件
“学会的成员应表现出文化能力。”

物理治疗师临床表现评估量表

Physical Therapist Clinical Performance Instrument

	B	AB	I	AI	E	BE
Safety	Self					
	CI					

	B	AB	I	AI	E	BE
Professional Behavior	Self					
	CI					

	B	AB	I	AI	E	BE
Accountability	Self					
	CI					

	B	AB	I	AI	E	BE
Communication	Self					
	CI					

	B	AB	I	AI	E	BE
Cultural Competence	Self					
	CI					

	B	AB	I	AI	E	BE
Professional Development	Self					
	CI					

	B	AB	I	AI	E	BE
Clinical Reasoning	Self					
	CI					

	B	AB	I	AI	E	BE
Screening	Self					
	CI					

	B	AB	I	AI	E	BE
Examination	Self					
	CI					

	B	AB	I	AI	E	BE
Evaluation	Self					
	CI					

	B	AB	I	AI	E	BE
Diagnosis and Prognosis	Self					
	CI					

	B	AB	I	AI	E	BE
Plan of Care	Self					
	CI					

	B	AB	I	AI	E	BE
Procedural Interventions	Self					
	CI					

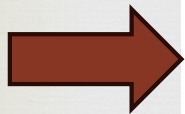
	B	AB	I	AI	E	BE
Educational Interventions	Self					
	CI					

	B	AB	I	AI	E	BE
Documentation	Self					
	CI					

	B	AB	I	AI	E	BE
Outcomes Assessment	Self					
	CI					

	B	AB	I	AI	E	BE
Financial Resources	Self					
	CI					

	B	AB	I	AI	E	BE
Supervision of Personnel	Self					
	CI					

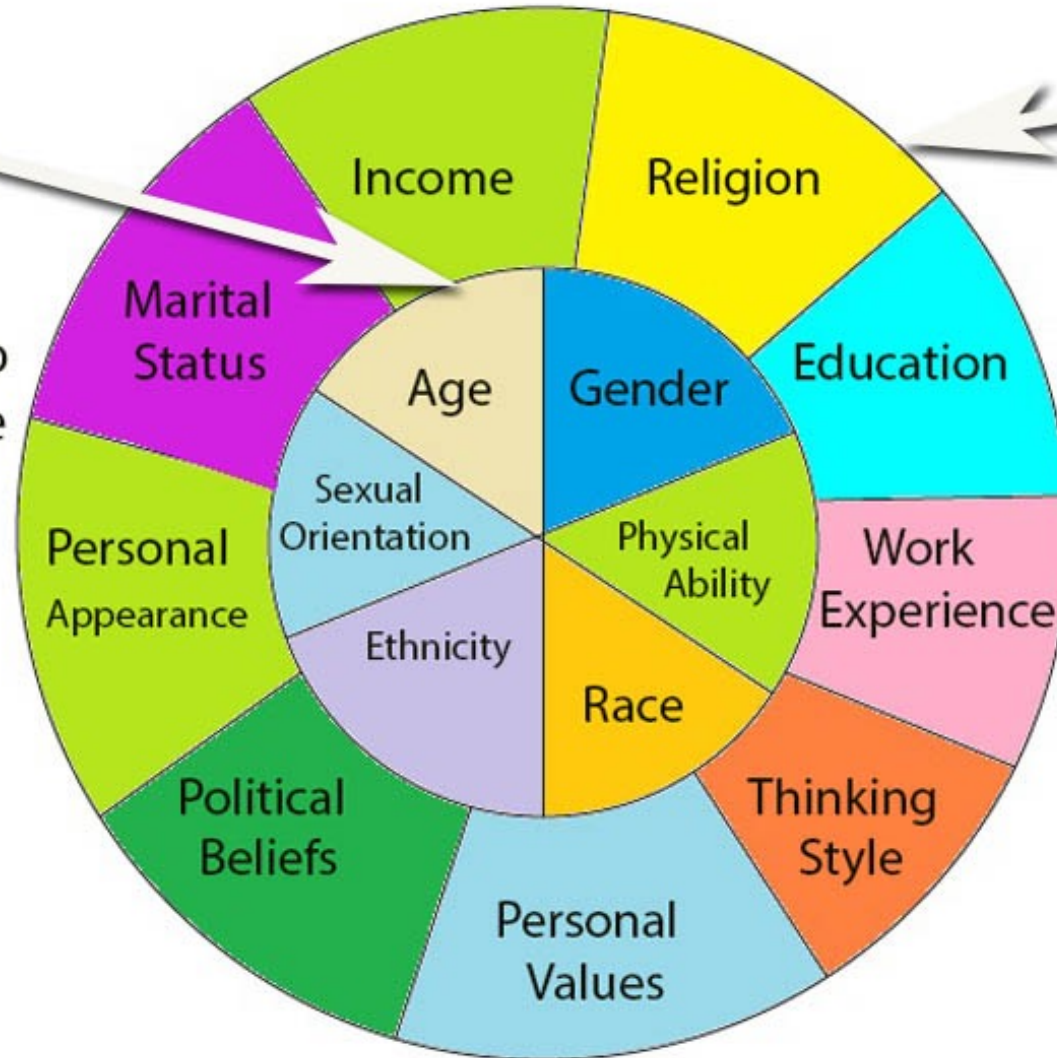


多样性的层面

Dimensions of Diversity

Inner Embedded Sphere

Which we have no control over as we are born with these aspects of diversity.



Outer Sphere

Which we have some control over and which may or may not change over time.

功能障碍的模型



☞ 医学模型认为功能障碍不正常需要修理。

Medical model: view disability as a deviation from normal that needs to be “fixed”.

☞ 奈吉模型仍注重于不足。

Nagi model: pathology, impairment, functional limitation, and disability

☞ 环境，功能与少数权益模型仍关注个体。

Environmental, functional, and minority rights models.

☞ Assistive technology, classroom accommodations, civil right-inspired laws

☞ 功能障碍权益模型

Disability right model.

功能障碍权益模型

Disability Right Model



☞ 社会公正：从个体到社会

from individuals and their collective experience to society

☞ 残疾应该被视为丰富多样性的另一个方面，它定义了
我们是谁，是值得重视甚至庆祝的事情。

Disability is to be appreciated as another aspect of the rich diversity that defines who we are and is something to be valued and perhaps even celebrated.



HARRY CONNICK, JR. ASHLEY JUDD KRIS KRISTOFFERSON and MORGAN FREEMAN

Dolphin Tale™



文化能力教育中的功能障碍文化

Article

Considering the Culture of Disability in Cultural Competence Education

Gary E. Eddey, MD, and Kenneth L. Robey, PhD

Abstract

Cultural competence extends beyond understanding those values, beliefs, and needs that are associated with patients' age or gender or with their racial, ethnic, or religious backgrounds. People hold many simultaneous cultural associations, and each have implications for the care process. The "culture of disability" is a pan-ethnic culture for which a set of physician competencies are required to ensure appropriate, culturally sensitive care to persons with congenital or acquired disabilities. Such competencies include communicating with patients who have deficits in verbal communication and

avoidance of infantilizing speech; understanding the values and needs of persons with disabilities; the ability to encourage self-advocacy skills of patients and families; acknowledging the core values of disability culture including the emphasis on interdependence rather than independence; and feeling comfortable with patients with complex disabilities. Medical schools have developed programs to increase students' exposure to persons with disabilities and it is suggested that such programs are most effective when they are the result of collaboration with community-based facilities or organizations

that serve persons with disabilities in the natural environment. Combining lecture-based instruction and structured experiences with the opportunity for students to interact with patients in their natural environments may facilitate development of competencies with respect to patients with disabilities. The culture of disability should be included as one of the many cultures addressed in cultural competence initiatives in medical school and residency curricula.

Acad Med. 2005; 80:706-712.

A scoping review for designing a disability curriculum and its impact for medical students

Développement d'un cursus en matière de handicap et de impact sur les étudiants en médecine : une étude de portée

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Abstract

Background: There is an increasing need for a standardized undergraduate disability curriculum for medical students to better equip students with the proper training, knowledge, and skills to provide holistic care for individuals with disabilities.

Objectives: The aim of this scoping review was to better understand and analyze the current body of literature focusing on best practice for including disability curricula and its impact on undergraduate medical students

Results: Three major components for designing a disability curriculum for undergraduate medical students were obtained from our analysis. The components were: (1) effective teaching strategies, (2) competencies required for disability curriculum, and (3) impact of disability curriculum on medical students.

Conclusions: Current literature revealed that exposing medical students to a disability curriculum impacted their overall perceptions about people with disabilities. This allowed them to develop a sense of understanding towards patients with disabilities during their clinical encounters. The effectiveness of a disability curriculum is dependent on the extent to which these interventions are incorporated into undergraduate medical education.

Résumé

Contexte : On constate un besoin croissant de créer une formation uniforme sur le handicap dans le cadre des études médicales de premier cycle afin de les doter des connaissances et des compétences nécessaires pour prodiguer des soins holistiques aux personnes handicapées.

Objectifs : Le but de cette revue de la portée était de mieux cerner la littérature scientifique décrivant les meilleures pratiques pour l'élaboration d'un programme d'enseignement sur le handicap et les incidences d'un tel programme sur les étudiants en médecine de premier cycle.

Résultats : Nous avons pu dégager trois éléments principaux dont il convient de tenir compte lors de la conception d'un programme d'enseignement sur le handicap au prédoctorat : (1) l'efficacité des stratégies pédagogiques, (2) les compétences à le cadre de la formation sur le handicap, et (3) les incidences de la formation sur les étudiants.

Conclusions : La littérature révèle qu'une formation sur le handicap a des incidences sur la manière générale dont les étudiants en médecine perçoivent les personnes qui en souffrent. Par suite d'une telle formation, les étudiants font davantage preuve de compréhension envers les patients lors de leurs rencontres cliniques. L'efficacité d'une formation sur le handicap dépend du degré de son intégration dans le cursus médical de premier cycle.

功能障碍课程设置组成部分



有效的教学方法

effective teaching strategies

所需的能力

competencies required for disability curriculum

对学生的作用

impact of disability curriculum on medical students.

有效的教学方法

- ✦ 演讲 presentations
- ✦ 特邀嘉宾演讲 presentations by guest lectures
- ✦ 分组活动 group sessions
- ✦ 在线模块 online modules
- ✦ 讲课 lectures
- ✦ 讲座 seminars
- ✦ 录像 videos
- ✦ 小组讨论和辩论 Group discussions and debates
- ✦ 工作坊 workshops
- ✦ 家访 home visits

所需的能力



☞ 沟通 communication

☞ 共情 empathy

☞ 更好了解病人的需求 a better understanding of patients' needs

对学生的作用



- ☞ 增强信心 an increase in their confidence
- ☞ 显著增进舒适感觉 extensive improvement in their comfort
- ☞ 降低与残疾人互动时的尴尬 less awkwardness while interacting with people with disabilities.



Resource Guide for Training Disability Competence

A resource guide for PT and PTA faculty, clinicians, and students

December 2021

Cara N. Whalen Smith, PT, DPT, MPH, CHES

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Project Director, Ohio Colleges of Medicine Government Resource Center



Core Competencies on Disability for Health Care Education

June 2019

功能障礙教育核心能力



我们应该教什么？

Disability and Health Journal 14 (2021) 100989



Contents lists available at [ScienceDirect](#)

Disability and Health Journal

journal homepage: www.disabilityandhealthjnl.com



Original Article

What should we teach about disability? National consensus on disability competencies for health care education



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^b Ohio Colleges of Medicine Government Resource Center, USA

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Healthcare

ABSTRACT

Background: Health care providers are unprepared to meet the health needs of patients who have disabilities. Disability training is needed, yet there is little agreement about what should be taught.

Objective: Establish a national consensus on what healthcare providers across disciplines need to know to provide quality care to patients with all types of disabilities (e.g., mobility, sensory, developmental, mental health).

Methods: People with disabilities, disability advocates, family members of people with disabilities, disability and health professionals, and inter-disciplinary health educators systematically evaluated and provided feedback on a draft set of disability competencies. Based on this feedback, competencies were iteratively refined.

Results: After two waves of feedback, six competencies, 49 sub-competencies, and 10 principles and values emerged that addressed topics such as respect, person-centered care, and awareness of physical, attitudinal, and communication health care barriers. An overwhelming majority (89%) agreed or strongly agreed that the disability competencies reflected the core understandings needed to provide quality care

核心能力



- ❧ 背景和概念框架 Contextual and Conceptual Frameworks on Disability
- ❧ 专业精神和以患者为中心的护理 Professionalism and Patient-Centered Care
- ❧ 法律义务和责任 Legal Obligations and Responsibilities for Caring for Patients with Disabilities
- ❧ 团队和基于系统的临床工作 Teams and Systems-based Practice
- ❧ 临床评估 Clinical Assessment
- ❧ 生命周期和过渡期间的临床护理 Clinical Care over the Lifespan and during Transitions

Disability Impacts ALL of US

COMMUNITIES



HEALTH



ACCESS



影响我们所有人

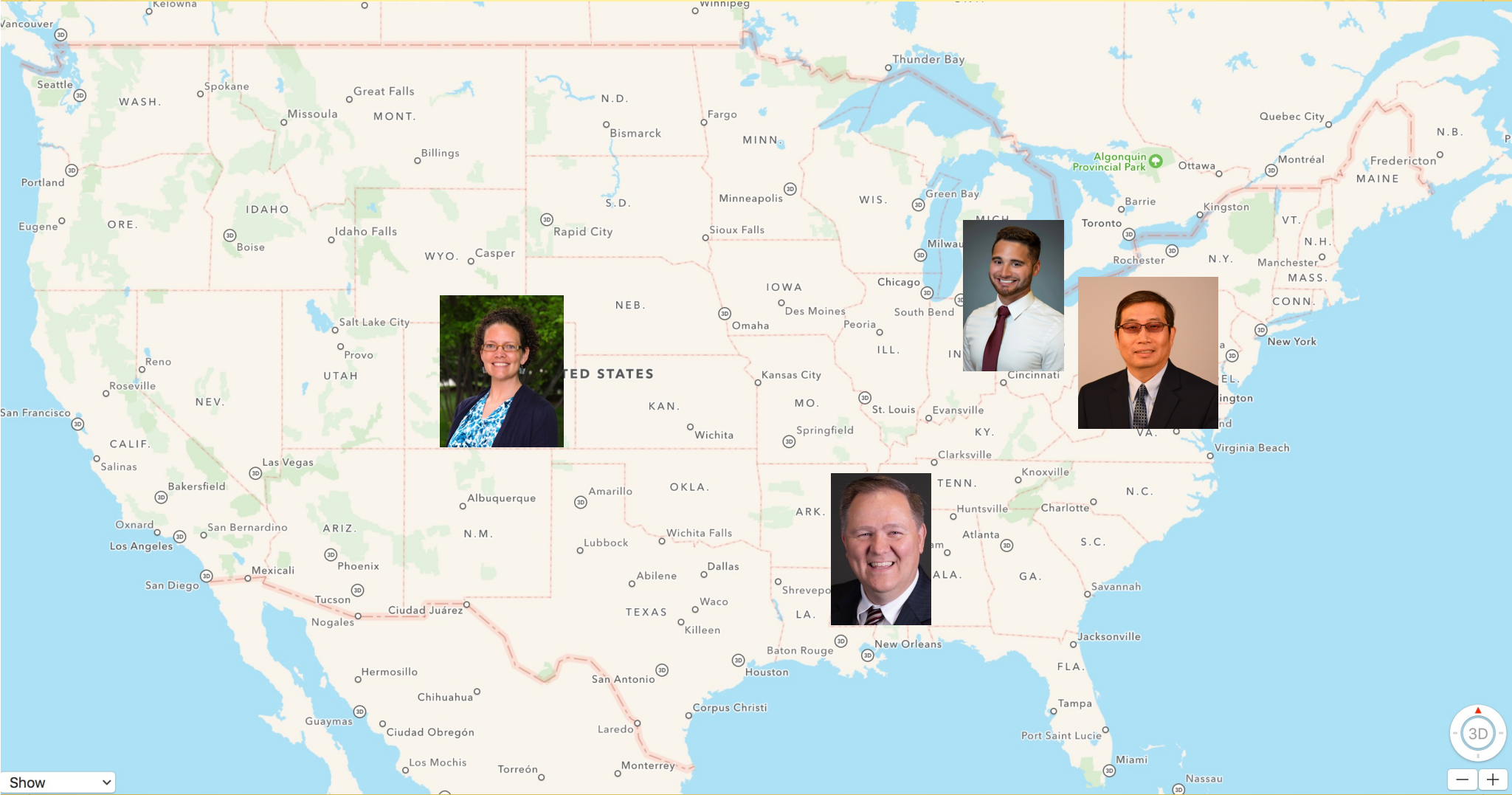
功能障碍文化

✦ 让功能障碍者从社会政策中受益

The culture of disability has emerged in American society to allow PWDs to benefit from social policies that increase access to healthcare, education, employment, and public services.

✦ 提倡多样性，公平和包容性，让功能障碍者参与并贡献于社会

The culture of disability is one that celebrates disabilities by promoting the value of diversity and inclusiveness and provides opportunities for PWDs to become participating and contributing members of society.



Show ▾



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